



# Write better, *Write faster*, Write happily

Daphne Gray-Grant

Author, presenter, consultant, enthusiastic coach

## Fun facts

Daphne is the mother of triplets who are now (mostly) self-supporting. Multiples run in her family.

A former night owl, Daphne accidentally turned into a morning lark 15 years ago. As a result, she understands the needs of people from both sides of the aviary...



The only way Daphne could finish her honours thesis in 1979 was by working three days without sleep (she'll never do that again!)

## Rave reviews

The words of wisdom and encouragement in *Your Happy First Draft* are a tonic to the soul of any struggling writer.

— Lisa Champion, Sydney, Australia

Though it reads like a narrative with Daphne's signature style of gentle teacher, don't be fooled: this is an indispensable resource for writers of all levels.

—Jan Maroscher, Just Jan Creative, Delaware, OH

Daphne shines the light on a path to accomplishing your writing goal, be it a book, a dissertation or an article. I'm on the path!

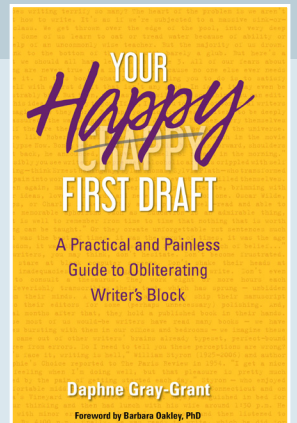
— Twyla Olsen, Columbia, CA

After finishing the book, for the first time in my life I produced more than 1,000 words of my master's thesis in less than two hours, writing that normally takes me days or even weeks.

—Olena Kuzhel, Ludwigshafen am Rhein, Germany

Read this book and you will become a better writer.

—Ron Shewchuk, IABC Master Communicator, Vancouver, BC.



This 216-page book describes how to make writing your *crappy* happy first draft a joyful and rewarding experience. In 11 chapters (plus intro and conclusion) *Your Happy First Draft* offers a wealth of practical ideas to make writing faster and better. Among other tips, you'll discover why "small" is a beautiful habit, the value of daily diligence and how a super model can help.

## Fun facts



Daphne walks while she writes, logging more than 15,000 steps (almost six miles!) on her Lifespan treadmill desk every day.

When Daphne broke the habit of editing WHILE she wrote, she more than doubled her own writing speed.

Daphne reads at least 52 books every year, a mix of novels and non-fiction. Her favourite genre is memoir.

Daphne writes more than 117,000 words a year for her blog alone.

## About Daphne

Daphne Gray-Grant grew up in the newspaper business: her parents owned a struggling weekly where she worked from the age of 16, even while completing an honours degree in political science (graduating from UBC.). In 1984, she left the family business to become a senior editor at a major metropolitan daily, where she worked for 10 years.

After the birth of her children, she transformed herself into a communications consultant, writing and editing coach. She is also author of the best-selling book *8 1/2 Steps to Writing Faster, Better* and has recently (Sept. 2019) released her second book, *Your Happy First Draft*. Her popular weekly newsletter, *Power Writing*, goes to thousands of readers around the world every Tuesday morning.

## Learn with Daphne

### Books

- *8 1/2 Steps To Writing Faster, Better*
- *Your Happy First Draft*

### Online course

- *Your Extreme Writing Makeover*

### Accountability program

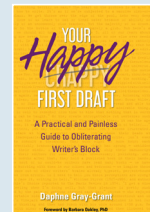
- *Get It Done*

### Coaching

- One-on-one writing coaching

### Most requested topics

- *Demolishing writer's block*
- *Why self-publishing isn't scary*
- *How to finish a thesis or dissertation without giving up your life*



## Contact

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**YouTube:** <https://www.youtube.com/user/thepublicationcoach>

**Sample interviews, hi-rez photos etc:**

<https://www.publicationcoach.com/media/>